

# WEST DEPTFORD SCHOOL DISTRICT

Content Area: SEL

Course Title: Choose Love

Grade Level: Second Grade

## Unit 1: Courage

10/2/2023 - 12/8/2023

9 weeks

## Unit 2: Gratitude

12/11/2023 - 1/26/2024

6 weeks

## Unit 3: Forgiveness

1/29/2024 - 2/23/2024

4 weeks

## Unit 4: Compassion In Action

2/26/2024 - 3/28/2024

5 weeks

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## WEST DEPTFORD SCHOOL DISTRICT

### Second Grade Choose Love Pacing Guide for 2023- 2024

Title: Choose Love <small>Please note: Even though Choose Love is <b>taught two days a week</b>, skills and vocabulary should be integrated and reinforced throughout the school day.</small>	Instructional Period	# of Days
<b>Unit 1: Courage (10/2/2023 - 12/8/2023)</b>		
Week 1 - The Four Ingredients of Choose Love	10/2, 10/4	2
Week 2- Choose Love with Words and Actions	10/11, 10/13	2
Week 3- Courage, Feelings, Friendship	10/16, 10/18	2
Week 4- Courage: Holding Onto Personal Power	10/23, 10/25	2
Week 5- Everyday and Extraordinary Acts of Courage	10/30, 11/1	2
Week 6- I Have the Courage to Be Me!	11/6, 11/7	2
Week 7- Courage and the Brain	11/13, 11/15	2
Week 8- Problem Solving	11/27, 11/29	2
Week 9- Courage Helps Us Stay Calm	12/4, 12/6	2
<b>Unit 2: Gratitude (12/11/2023 - 1/26/2024)</b>		
Week 1- The Benefits of Gratitude	12/11, 12/13	2
Week 2- Gratitude for Diversity 1	12/18, 12/20	2
Week 3- Gratitude for Our World	1/2, 1/4	2
Week 4- Mindset and the Power of Yet	1/8, 1/10	2
Week 5- Gratitude for Diversity 2	1/16, 1/18	2
Week 6- An Attitude of Gratitude	1/22, 1/24	2
<b>Unit 3: Forgiveness (1/29/2024 - 2/23/2024)</b>		
Week 1- What is Forgiveness?	1/29, 1/31	2
Week 2- Cutting the Cord to Anger	2/5, 2/7	2
Week 3- The Brain, Anger and Hot Feelings	2/12, 2/14	2
Week 4- We Can Use Words to Look After Each Other's Hearts	2/20, 2/22	2
<b>Unit 4: Compassion In Action (2/26/2024 - 3/28/2024)</b>		
Week 1-Compassion and Belonging	2/26, 2/28	2
Week 2-Compassion In Action	3/4, 3/6	2
Week 3- We Can Show Compassion in Our Voices, Words, and Actions	3/11, 3/13	2
Week 4-Making Compassionate Decisions	3/18, 3/0	2
Week 5- We are All Connected	3/25, 3/27	2